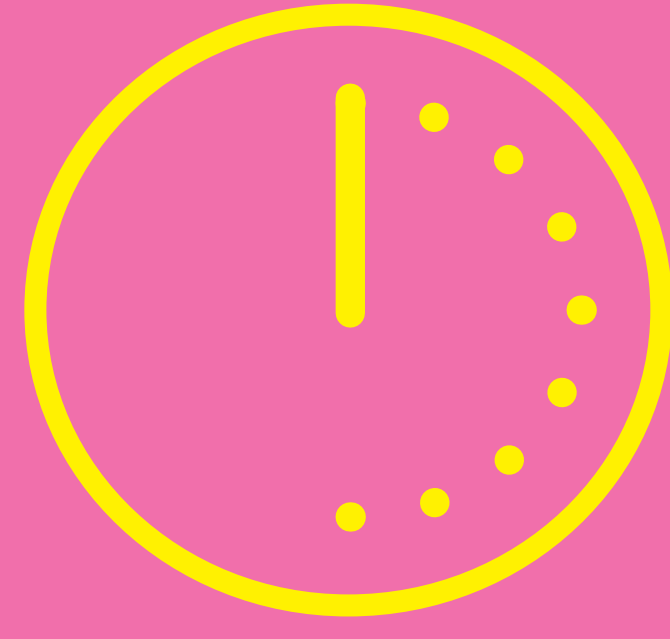


Makeup hacks according to Carly Cardellino at Cosmopolitan

THE AVERAGE WOMAN SPENDS...



55 MINUTES
applying makeup every day

In a survey done among over 2000 women, 78% claimed that they spend nearly an hour on their looks because it made them "feel better about themselves" (survey done by Today and AOL)

"YouGov asked a nationally-representative sample of its respondents how much time they generally spend in the mornings. And the top prize for bathroom-hogging goes to female college graduates between the ages of 18 and 29 inclusive. People in this group are more likely than anyone else to spend more than one hour before they're ready to leave their home."



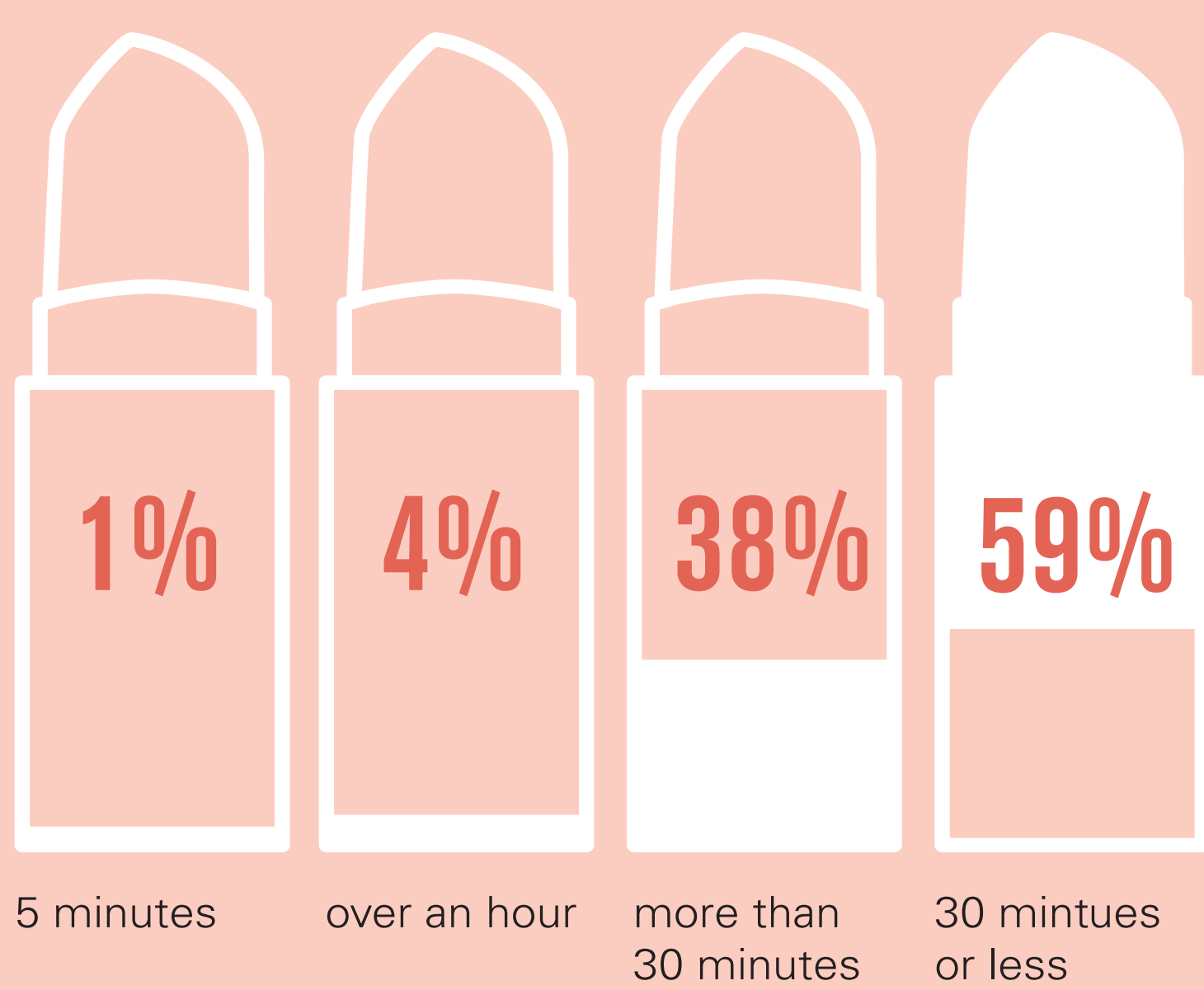
ALL YOU NEED TO KNOW ABOUT YOUR BRUSHES

According to <http://stylecaster.com/beauty/makeup-brushes/>

- ✗ You don't need every different kind of brush
- ✗ Cleaning brushes often is a must
- ✗ A fancy cleanser isn't necessary
- ✗ Lay them flat to dry
- ✗ When it comes to liquid and cream products, synthetic brushes are your best bet



how long does it take for women to get ready every morning?



LIP SCRUB



SUPPLIES
Vanilla extract
Food coloring
Granulated sugar
Olive oil
Empty container

STEP 1 Mix ½ teaspoon of olive oil and ½ teaspoon of granulated sugar in a bowl

STEP 2 Add in a drop of vanilla extract and mix it with the sugar and the oil

STEP 3 Add 1-2 drops of food coloring into the mixture. It is recommended to stay light on the food coloring to avoid temporarily staining your lips

STEP 4 Put the mixture into the container